

Really Good Stuff® Activity Guide

Reflection Center Kit—Primary

Congratulations on your purchase of this Really Good Stuff® **Reflection Center Kit—Primary**—an essential classroom management tool to help establish respect and motivate reflective thinking.

This Really Good Stuff® product includes:

- *Reflection Center Poster*, laminated
- Pad of *Reflections Sheets*
- This Really Good Stuff® Activity Guide

Displaying the Reflection Center Kit—Primary

Before displaying the *Reflection Center Poster*, make copies of this Really Good Stuff® Activity Guide and file the pages for future use. Or, download another copy of it from our Web site at www.reallygoodstuff.com. Hang the *Poster* where students will be able to see it easily.

Introducing the Reflection Center Kit—Primary

Before introducing the *Reflection Center Kit*, decide on a quiet and low-traffic area in your classroom to place the *Center*. Place a clipboard or a small desk, pencils, and the pad of *Reflections Sheets* under the *Poster*.

Gather students where they can easily view the *Reflection Center*. Hold up a mirror and ask students what they think it means to see one's reflection. Explain that seeing one's reflection in the mirror allows someone to look more closely at him- or herself. Ask them what they think it means to reflect about their actions. Explain that reflecting on actions allows someone to stop, think, and look more closely at the choice he or she made. Point to the *Poster* and read it aloud. Explain that everyone makes mistakes; and by creating a *Reflection Center*, students have the opportunity to go to a quiet place and reflect on their mistakes. Group students with partners and hand each pair a piece of paper to write on. Ask them to write down an action that might cause someone to need to go to the *Reflection Center*. Have each pair role-play the action, and you role-play your reactions as their teacher.

Demonstrate for students how you would like them to fill out a *Reflections Sheet*: For example, a first

grader might draw a picture and dictate to you what he or she did and what he or she will do next time; whereas a third grader might illustrate and write about his or her actions independently. Tell students that there is a place on each *Sheet* for a parent's signature and that you will check it off if you feel a student's behavior warrants that.

Brainstorming Actions

Create a T-chart on a piece of chart paper. Write *Bad Choice* above the left column and write *Good Choice* above the right column. Ask students what type of mistakes a person might make that would cause someone to be hurt or upset. List their answers on the *Bad Choice* side of the chart. Then, review the list and ask students how a good choice could have been made instead of each bad choice. List those ideas next to the bad choice, but on the *Good Choice* side. Explain to students that there are always choices to be made, and it is important for them always to think carefully before making a choice.

The Band-Aid™ Book

Hold up a Band-Aid™ and explain that just like we get “boo-boos” on our bodies, we can also make bad choices that can hurt people's feelings and make “boo-boos” on their hearts. Give students a Band-Aid™, and have them use a marker to write down one way they might hurt someone's heart on it. Stick each Band-Aid™ on a sheet of paper and ask students to draw or write a way they could help to fix the “boo-boo” they caused. Bind their ideas into a class book.

Reflective Tracking Reproducible

Copy the *Reflective Tracking Reproducible*. Use the reproducible to document any incidents, which will help you to determine if there is any pattern occurring in a student's behavior. You may want to use the reproducible as a chart for your entire class, or to chart each student. The reproducible also serves as an informative document to show parents if any unacceptable behavior continues or escalates.



Reflective Tracking

<p>_____ Name</p> <p>Date: _____ Time: _____ Incident: _____</p>	<p>_____ Name</p> <p>Date: _____ Time: _____ Incident: _____</p>	<p>_____ Name</p> <p>Date: _____ Time: _____ Incident: _____</p>	<p>_____ Name</p> <p>Date: _____ Time: _____ Incident: _____</p>	<p>_____ Name</p> <p>Date: _____ Time: _____ Incident: _____</p>
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